# FLEXIBLE CARBON NANOCOMPOSITE SENSORS: VALIDATION **USING ROBOTICS AND VIRTUAL REALITY (VR)**

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### Introduction

- Physiotherapy typically İS conducted in a **clinical settings** and movement is recorded by physiotherapist manually,
  - Difficult to monitor over longtime intervals
  - Monitoring is not conducted during day-to-day activities



https://www.freepik.com/

• The ability to **monitor exercise movements** of a joint offers opportunity to provide feedback or intervention remotely to enhance exercise effectiveness and improve the **recovery** process.

Our overarching goal is to **develop functional** garments capable of accurately capturing kinetic and kinematic data from patients during at home physiotherapy exercise.

**Textile-based sensors** fiber/fabric on based integration to level monitor elongation and (e.g. joint curvature rotation)



**Potential Applications** 

Virtual physiotherapy

Exercise feedback

Joint movement

**Required Properties** Repeatability Consistency with angle change

Angle prediction

## **Nanocomposite Coated Fabrics**









- A thin and porous film of nanotubes and polymer is created on the substrate
- Ability to coat **non-woven**, woven, and knit fabrics
- Comfortable to wear No significant change in texture, feel or breathability of fabric after coating



# **KinArm<sup>®</sup> Robotic Test Setup**





**Mechanically** Controlled In Plane Movement Hand Driven by Robot **Predefined** Motion No Change in Posture No Manual Effort

 Carbon nanotube composite coated Knit fabric-based elbow sensor is attached to the **compression sleeve** using **zig-zag sewing** 



### **Sensor Response to Linear** Movement

- A constant displacement straight-line motion task is created to validate the sensor *repeatability* under constant amplitude movement of the arm
- A variable amplitude straight-line motion task is created to validate the sensor's response with the *variation* in the elbow angle



- The elbow angle change between the start and end points is ~ 53°, and **sensor's response** (~180%) resistance change) is **repetitive** for **multiple cycles**
- Sleeve resistance changes with change in **amplitude** of straight-line motion
- Stable and repeatable response for each amplitude cycle









Angle change projected with calibration curve was in close comparison to angle measured during exercise

#### Virtual Reality Exercise Feedback

A virtual model for the KinArm robot was designed in a virtual reality headset environment

The resistance change for **diamond** and **circular** paths followed the **elbow angle change** 

Mistake made during circular movement captured by the **sensor response** 



#### **Sensor Response Validation**

A calibration curve was generated by manually measuring the **resistance** and **elbow angle change** 





### **Conclusions and Future Work**

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• Stretch 1 - arm rotated through the shoulder join, minimal/ no change in elbow angle and sensor response

Stretch 2 - arms are flexed and resistance change by ~250 %. When arms are moved from mountain to valley position,  $\sim 50\%$  resistance change is noticed, though visually no difference is visible

Stretch-3, when hand with sensor is locked by positioning on waist, no response in the sensor during exercise

• The response of the sensor is dependent on the elbow angle change, irrespective of hand position and exercise

• Knit fabric sensor's response is consistent with the change in elbow angle and repeatable

Sensor can be used for VR based exercises feedback/ human machine interaction/ virtual rehabilitation/ human health support

• Future study is required to capture shoulder joint motion using multiple sensors